



Action for Safety

**girls
inc.**®

Girls Incorporated®
of the Seacoast Area

Girls Incorporated® of the Seacoast Area is offering this **free** 7-week program at Tokyo Joe's Studio in Salisbury. Build confidence while making new friends and learning important self defense skills!

The group will meet on Tuesdays and Thursdays from 12:00 p.m. to 1:15 p.m. June 25-Aug. 15

For more information about this program or others like it, contact Sabra Dow, Program Director

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**JEANNE GEIGER
CRISIS CENTER, INC.**

saving lives • creating safer communities • ending domestic violence